Department of Cardiology
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Presidents, Committees and Secretariats

**PRESIDENT OF THE CONGRESS**

G. Tritto (Bari)
President of the “Italian Academy of Family Physicians”

**CO-PRESIDENTS OF THE CONGRESS**

G. Di Pasquale (Bologna)
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**CARDIOPNEUMO PHARMACY**

L. D’Ambrosio Lettieri (Bari)
President of the Pharmacists Association of Bari

**CARDIOPNEUMO NURSING**

E. Jirillo (Bari)
President of the Nursing Sciences Degree Course
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**CARDIOPNEUMO NUTRITION**

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Associate Professor of Internal Medicine
University of Bari

**INTERNATIONAL BOARD**

Daryl Freeman (Norfolk, UK)
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Svein Henrichsen (Oslo, Norway)
Mahendra Patel (Bradford, UK)
Sian Williams (London, UK)

**INTERNATIONAL CONFERENCE THEME**

*The Primary Health Care in Europe in the twenty first century*

**Topics and Speakers**

The shifting of Primary Care Professionals in Europe: where are we going?
P. Groenewegen (Utrecht, The Netherlands)

GPwSIs: the job description and the outcomes
D. Freeman (Norfolk, UK)

GPwSIs: standard of post-graduate training
K. Griffith (York, UK)

Implementing cares closer to home: the PhwSI’s role
M. Patel (Bradford, UK)
**SCIENTIFIC COMMITTEE**

**FAMILY MEDICINE**
F. Carnesalli (Milan)
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C. Marzo (Bologna)
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S. Pesola (Bari)

**CARDIOLOGY**
F.M. Bovenzi (Lucca)
F. Chiarella (Genoa)
C. D'Agostino (Bari)
G. M. Di Biase (Foggia)
I. De Luca (Bari)
M.M. Ciccone (Bari)

**PNEUMOLOGY**
S. Bonini (Naples)
G.W. Canonica (Genoa)
M.P. Foschino Barbaro (Foggia)
A.M. Moretti (Bari)
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**PHARMACY**
R. Moscogluri (Taranto)

**NUTRITION**
A. Caretto (Brindisi)
G. Cecchetto (Verona)
G. Mallardi (Bari)

**NURSING**
A. Pugliese (Taranto)
B. Vagali (Taranto)

**SCIENTIFIC SECRETARIAT**

V. Contursi
AIMEF Department of Cardiology

A. Infantino
AIMEF Department of Pneumology

**ORGANIZING COMMITTEE**

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V. Contursi
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ACMESI s.r.l. – Courses & Congresses Office
Viale Papa Pio XII n. 4/E - 70124 Bari
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Product Manager: Terry Dellino – [terrydellino@acmesi.net](mailto:terrydellino@acmesi.net)
Preliminary Programme
Wednesday 14th May 2008
afternoon

18.00 – 19.00

PRESS CONFERENCE

Presentation of the “CardioPneumo AIMEF 2008”

Participants: Presidents and Scientific Secretariat of the Congress
Thursday 15th May 2008

**morning**

09.00 – 13.00

**PLENARY**

**CONGRESS OPENING / AUTHORITIES GREETINGS**

President of the Apulia Region
Health Councillor of the Apulia Region
President of the Province of Bari
Mayor of the City of Bari

**WORKSHOP**

**Lifestyles in the prevention of the cardiovascular and respiratory diseases**

President: **Senator Prof. Antonio Gaglione**

Chairmen: **D. Amoruso, V. Contursi, A. Infantino, D. Passoni**

**International Guidance of Smoking Cessation in Primary Care**

**Presentation**

**Introduction**

*M. Franchi (Rome),*  
President of the Associazione Italiana Pazienti BPCO  
Federasma Onorary President

**E. Tamang (Venice),**  
National Vice- Secretary of the Italian Council on Tabagism  
European Network on Smoking Prevention  
International Network of Women Against Tobacco

**Preordained Speech**

*S. Henrichsen (Oslo), *  
Chair of the Norwegian College of GPs Respiratory Group,  
Member of the IPCRG Guidance Sub-Committee

**“Gaining Health: make easy the healthy choises”**

**Round Table**

**Introduction**

*D. Greco (Rome), *  
Italian Ministry of the Health, **Chief of the Prevention and Communication Department**

**Preordained Speeches**

*G.S. Tritto (Bari), *  
AIMEF – Associazione Italiana Medici di Famiglia, **National President**

*G. Caruso (Bari), *  
University of Bari, **President of the Degree Course of Medicine**

*E. Sannicandro (Bari), *  
CONI – Italian National Olympic Committee, **Apulia Region President**

*L. D’Ambrosio Lettieri (Bari), *  
Pharmacists Association of Bari, **President**

*L. Stellacci (Bari), *  
Apulia Region School Office, **General Manager**

*P.A. Adami (Rome), *  
FIAF - Italian Federation of Aerobic and Fitness, **National President**

*A. Caretto (Brindisi), *  
ADI – Italian Association of Clinic Nutrition and Dietetics, **Apulia Region President**

*G. Cecchetto (Verona), *  
ANDID - Italian Association of Dietitians, **National President**

*M. Franchi (Rome), *  
Italian Association of COPD Patients, **National President**

*E. Tamang (Venice), *  
Italian Council on Tabagism, **National Secretary**

*V. Campanile (Bari), *  
Italian Society of Alcoholology, **Member of the National Board of Directors**
Thursday 15th May 2008

afternoon

Room A  15.00 – 19.30  PARALLEL SESSION

WORKSHOP:

The unitary vision of the chronic cardiovascolar diseases
Shared Guidelines among Specialists and General Practitioners

The Specialist answers to the General Practitioner questions in a comparison among Clinical Practice and Guidelines:

A. Arterial Hypertension
B. Diabetes and Cardiovascular Prevention
C. Venous Thromboembolism Prophylaxis

Each topic will be developed with the following succession:

- Open questions (2‘): Family Physician - Discussant
- Short answers (8‘): Specialist - Speaker
- Discussion (10‘): Audience - Free Questions

Chairmen
V. Contursi (Bari), G. D’Errico (Foggia), G.M. Di Biase (Foggia), S. Favale (Bari)

Speakers:
E. Agabiti Rosei (Brescia), E. Antoncvecchi (Bari), F. Bartolomucci (Bari), P. Caldarola (Bari), M. Ciccone (Bari), A. De Giorgi (Brindisi), G. Di Minno (Naples), F. Gentile (Bari), F. Giorgino (Bari), F. Losurdo (Bari), N. Signore (Bari), V. Vulpis (Bari)

Discussants:
G. Colucci (Taranto), A. Cuffari (Rome), F. Del Zotti (Verona), R. Donnaloia (Bari), G. Filocamo (Milan), M. Marin (Udine), G. Maso (Venice), E. Mola (Lecce), T. Orlando (Turin), O. Ricciardi (Treviso), L. Santoemma (Bari), E. Selvaggio (Bari)

Hot topic

1) (I.A.) How to choose the pharmacological therapy in the hypertensive patient without organ damage?
   R. Donnaloia / A. De Giorgi

2) (I.A.) How to choose the pharmacological therapy in the hypertensive patient with organ damage?
   G. Colucci / V. Vulpis

3) (I.A.) How to identify and treat the asymptomatic and symptomatic Hypertensive Cardiomyopathy?
   F. Del Zotti / F. Bartolomucci

4) (I.A.) With what tools and what timing should the clinical and therapeutical monitoring of Hypertensive illness be made?
   G. Filocamo / E. Agabiti Rosei

5) (DIA) Do the glucose metabolism reward and the adopted therapies (oral drugs and/or insulin) correlate themselves to the global cardiovascular risk?
   G. Maso / F. Giorgino

6) (DIA) What are the effectiveness therapy in reducing global cardiovascular risk in the diabetic patient?
   M. Marin / E. Antoncvecchi

7) (DIA) How to identify and treat the "reduced tolerance to the glucose" and how to treat the cardiovascular risk factors associated with this condition?
   T. Orlando / F. Losurdo

8) (DIA) The statins should be given to all the patients with diabetes mellitus?
   L. Santoemma / F. Gentile

9) (TEV) How do we stratify the VTE risk in the medical patient?
   O. Ricciardi / M.M. Ciccone

10) (TEV) How and how long does the prophylaxis of the venous tromboembolism have to be made in the medical patient?
    E. Selvaggio / G. Di Minno

11) (TEV) What prophylaxis is advisable in the Atrial Fibrillation newly beginning?
    A. Cuffari / P. Caldarola

12) (TEV) How and/or when to decide to suspend the "double anti-platelet aggregation" in the coronary patient with simple and dressed stent?
    E. Mola / N. Signore
The unitary vision of the chronic respiratory diseases
Shared Guidelines among Specialists and General Practitioners

The Specialist answers to the General Practitioner questions in a comparison among Clinical Practice and Guidelines:

A. Rhinitis
B. Bronchial Asthma
C. Chronic Obstructive Pulmonary Disease

Each topic will be developed with the following succession:

- Open questions (2'): Family Physician - Discussant
- Short answers (8'): Specialist - Speaker
- Discussion (10'): Audience - Free Questions

Chairmen:
L. Corbetta (Florence), A. Infantino (Bari), P.L. Paggiaro (Pisa), G. Passalacqua (Genova)

Relators:
M. Cazzola (Rome), I. Cerveri (Pavia), L. Corbetta (Florence), G. D’Amato (Naples), M.P. Foschino Barbaro (Foggia), M. Gelardi (Bari), G. Moscato (Pavia), E. Nettis (Bari), P.L. Paggiaro (Pisa), G. Passalacqua (Genova), O. Resta (Bari), A. Spanevello (Foggia)

Discussants:
A. Airò (Taranto), F. Carnesalli (Milan), A. Caviglia (Varese), C. De Mola (Bari), T. Donvito (Bari), W. Ingarozza (Florence), N. Mancini (Matera), M. Manfredi (Bari), A. Naddeo (Milan), S. Pesola (Bari), A. Sauro (Caserta), P. Spriano (Milan)

Hot topics
1) (ARIA) What are the relationships among allergic rhinitis, rhinosinusitis and nasal polyposis?
   C. De Mola / M. Gelardi
2) (ARIA) Is the immunotherapy as effective in the rhinitis as in the asthma?
   A. Caviglia / G. Passalacqua
3) (ARIA) Does the treatment of the rhinitis in the patient with comorbidities modify the asthma?
   A. Naddeo / G. Moscato
4) (ARIA) Is the antihistaminic therapy right in the patient with asthma and rhinitis?
   S. Pesola / E. Nettis
5) (GINA) When should we suspect asthma and how can we do the diagnosis?
   N. Mancini / I. Cerveri
6) (GINA) How can we choose the asthma pharmacological therapy?
   M. Manfredi / P.L. Paggiaro
7) (GINA) How could we monitor asthma?
   T. Donvito / G. D’Amato
8) (GINA) What shall we communicate to the asthmatic patient (minimal advise) and how?
   A. Airò / M.P. Foschino Barbaro
9) (GOLD) How could we identify, diagnose and differentiate COPD?
   A. Sauro / O. Resta
10) (GOLD) What is the therapeutical use of the bronchodilatators, inhaled steroids and their combinations in the COPD long-term therapy?
    F. Carnesalli / M. Cazzola
11) (GOLD) What pharmacological and rehabilitative treatments are effectiveness in COPD?
    P. Spriano / A. Spanevello
12) (GOLD) How could we identify and treat the cardiovascular and metabolic comorbidities in COPD?
    W. Ingarozza / L. Corbetta
Thursday 15th May 2008

MINI MASTER
Nutrition

Nutritional approach to the patient with metabolic syndrome and pathological snoring.

Chairmen: A. Caretto (Brindisi), G. Mallardi (Bari), M. Tedesco (Rome)

Rationale of the MiniMaster
A. Caretto (Brindisi), V. Ficco (Bari)

Metabolic Syndrome and Obstructive Apnoea (OSAS)
M. Magno (Taranto)

Metabolic Syndrome: diagnostic and management “flow charts”
M. Tedesco (Rome)

OSAS: diagnostic and management “flow charts”
P. Di Napoli (Bari)

The dietotherapy
A. Caretto (Brindisi)

The physical exercise
L.P. Finotto (Vercelli)

The Dietitian role
C. Arciprete (Lecce)

Practical skills with the Patient
(Nutritional counselling, anthropometrical measurements, measurements of the impedance, glicemia/cholesterolemia, arterial pressure, ...)
All the teachers

The Child with Metabolic Syndrome and Snoring
S. Pesce (Bari), P. Citelli (Bari)

The patient candidate to the surgery
G. Garruti (Bari)

Nutritional rehabilitation after surgery
V. Antognozzi (Naples)

Clinical cases
All the teachers
MINI MASTER
Nursing

The out-patient management of the Vascular Ulcers
Responsibles: A. Pugliese (Taranto), B. Vagali (Taranto)

Vascular ulcers and the techniques of debridement
A. Pugliese (Taranto)

The instrumental diagnostic of vascular disease
A. Di Gioia (Bari)

The post thrombo-phlebitis syndrome
F. Trotta (Bari)

Baropodometric evaluation and orthopedic aspects of the vascular ulcers and diabetic foot
V. Benincasa (Salerno)

Role of the family nurse in the management of the chronic ulcers
B. Vagali (Taranto)

Typology of medication depending on the characteristics of the vascular ulcer
A. Pugliese (Taranto)

Discussion of clinical cases and differential diagnosis of the cutaneous ulcers of the inferior limbs
A. Pugliese (Taranto), A. Di Gioia (Bari), V. Benincasa (Salerno)
MULTIMEDIA THEORETICAL-PRACTICAL COURSE BY SIMULATORS
Looping Session
Didactic projet kindly conceded by Prex and Guidotti

The cardiac and pulmonary semiology: obsolete or essential tool?

Responsible: R. Guglielmi (Bari)

Section A: Test of recognition of the cardiac and pulmonary sounds
Sezione B: Interactive clinical cases with the aid of PC and manikins
EDUCATIONAL HIGHLIGHTS
Cardiology and Primary Care
Chairmen: G. D’Errico (Foggia), C. Niro (Foggia), E. Pansini (Bari)

Lecture
With the Unrestricted Educational Grant by Guidotti
Chronic Renal Disease and Cardiovascular Risk
L. Gesualdo (Foggia)

Lecture
With the Unrestricted Educational Grant by Sanofi Aventis
Venous Thromboembolism: recent acquisitions and increasing illnesses
V. Zupo (Bari)

SIMPOSIO
With the Unrestricted Educational Grant by Bayer
Arterial hypertension and cardiovascular protection: results and perspectives of the ONTARGET Study
E. Malacco (Milano)

INVESTIGATORS’ MEETING
With the Unrestricted Educational Grant by Medtronic
Integrated Hospital/Territory Disease Management of the patient with Cardiac Chronic Heart Failure. The “Comunicare HF” Project
N. D’Amato (Bari)

SIMPOSIO AIMEF/SIAPAV – Sezione Apulo-Lucana:
Peripheral Arteriosclerotic Disease
Chairman: G. Galgano (Bari)
Peripheral Arterial Disease: diagnosis
M.M. Ciccone (Bari)
Peripheral Arterial Disease: therapy
A.I. Galeandro (Bari)
Friday 16th May 2008

morning

Room B  09.00 – 12.00

PARALLEL SESSION – Doctors/Nurses

EDUCATIONAL HIGHLIGHTS
Pneumology and Primary Care

Chairmen: F. Carnesalli (Milano), R. Ricotti (Bari), P. Visaggi (Bari)

LECTURE
Bronchial asthma, gastro-esophageal reflux and obesity, an intricate problem
T. Luisi (Bari)

LECTURE
The General Practitioner and the tuberculosis by the light of the new epidemiology
R. Crudele (Bari)

SYMPOSIUM
With the Unrestricted Educational Grant by GSK
From pathogenesis to therapy of COPD
From physiopathology to disease indicators
V. Lamorgese (Bari)
From disease indicators to therapy
A. Spanevello (Bari)

LECTURE
With the Unrestricted Educational Grant by Menarini
Respiratory obstructive pathology: from great trials to “real life”
A. Moretti (Bari)

MEETING THE EXPERT
Respiratory cards of risk: impact on clinical practice
E. Sabato (Brindisi)

PRACTICAL SKILL
General Practitioner echography utilization in the pleural effusions diagnosis
P. Lorusso (Bari)

YOUNG DOCTORS SESSION
Prognostic meaning of right cardiac failure in COPD patient
E. Airò (Taranto)
Friday 16th May 2008

morning

Room C 09.00 – 12.00

PARALLEL SESSION – Doctors/Nutritionists

EDUCATIONAL HIGHLIGHTS
Nutrition and Primary Care

Chairmen: G. Cecchetto (Verona), N. Costa (Foggia), G. De Pergola (Bari)

**Obesity and lifestyles**
G. Mallardi (Bari)

**Obesity and loss of weight predictive factors**
G. De Pergola (Bari)

**Clinic usefulness of anthropometrical and ultrasound evaluation of abdominal adiposity**
V. Palmieri (Bari)

**Omega-3 and omega-6 fat acids and cardiovascular risk**
A. Caretto (Brindisi)

**Non-pharmacological control of hypercholesteremia**
R. Benigno (Bari)

**COPD: weight role and nutritional rehabilitation programmes**
V. Cuomo (Bari)

**Mediterranean diet**
C. Centoducati (Bari)
Friday 16th May 2008

morning

Rooma D  09.00 – 12.00
PARALLEL SESSION – Doctors/Nurses

EDUCATIONAL HIGHLIGHTS
Nursing and Primary Care

Chairmen: E. Jirillo (Bari), A. Pugliese (Taranto), B. Vagali (Taranto)

The pneumonias and the pulmonary infections in the migrant populations
F. Resta (Taranto)

The community and extra-community right to the doctors and nurses cares in the General Practitioner surgery
E. Pugliese (Taranto)

Psychological approach to the cardiovascular diseases in the different ethnic groups
B. Vagali (Taranto)

Psoriasis and cardiovascular risk in the era of the globalization
A. Pugliese (Taranto)

"OUT OF THE CONGRESS TOPIC"
Approach of the family nurse to the different cultures of the abortion
M. Murciano (Taranto)
EDUCATIONAL HIGHLIGHTS
Pharmacy and Primary Care

Chairmen: L. D’Ambrosio Lettieri (Bari), L. Massari (Bari), S. Pesola (Bari)

The right prescription in the integrated cares system
R. Moscogiuri (Taranto)

Community team and Clinical Governance: the pharmacist role
A. Tempesta (Bari)

The arterial pressure measurement in the pharmacy: from the control to the urgency
G. Maiorano (Bari)

Generic drugs and bio-equivalence: the problem of the "low treatment". Role and responsibility of the pharmacist.
M. Marin (Venezia), G.G. Morea (Bari)

Rhinitis & Asthma, "united airways disease": which competences for the pharmacist?
P. Schino (Bari)

Legal medicine problems in the pharmacy
A. Dell’Erba (Bari)

The pharmacist as educator and counsellor in spreading of the higer prevalence cardiovascular and respiratory diseases Guidelines
L. D’Ambrosio Lettieri (Bari)
MULTIMEDIA THEORETICAL-PRACTICAL COURSE BY SIMULATORS
Looping Session
Didactic projet kindly concesed by Prex and Guidotti

The cardiac and pulmonary semiology: obsolete or essential tool?

Responsible: V. Calvani (Bari)

Section A: Test of recognition of the cardiac and pulmonary sounds
Sezione B: Interactive clinical cases with the aid of PC and manikins
Friday 16th May 2008
afternoon

15.00 – 20.00

PLENARY

National Congress & International Conference

National Congress - CARDIO SESSION

Chairmen
I. De Luca (Bari), P. Nazzaro (Bari)

Prevention and therapy of VTE: controversies and new evidences between Guidelines and clinical practice.
G. Di Minno (Napoli)

2007 European Guidelines: is the reduction of the arterial pressure the only hypertensive treatment goal? Strategies of intervention depending on the organ damage.
E. Agabiti Rosei (Brescia)

International Conference

Chairmen
L. D’Ambrosio Lettieri (Bari), G. Maso (Venezia)

The Shifting of Primary Care Professionals in Europe: where are we going?
P. Groenewegen (Utrecht, The Netherlands)

Implementing cares closer to home: the PhwSI’s role
M. Patel (Bradford, UK)

National Congress – PNEUMO SESSION

Chairmen
V. Giorgio (Bari), A. Moretti (Bari)

COPD or Chronic Systemic Inflammatory Syndrome?
L. M. Fabbri (Modena)
Videoconference from American Toracic Society 2008 International Conference - Toronto (Canada)

Bronchial asthma and allergies according to a "gender-oriented" vision
G. D’Amato (Napoli)
Saturday 17th May 2008

morning

09.00 – 13.00

PLENARY

National Congress & International Conference

National Congress – P E N E U M O S E S S I O N

Chairmen

G. Cerini (Bari), O. Resta (Bari)

Adherence to asthma treatment: dimension of the problem, causes and intervention strategies
C. Terzano (Roma)

Clinical aspects, risk factors and cares continuity of the patient with CRF at home
U. Vincenzi (Foggia)

INTERNATIONAL CONFERENCE

Chairmen

G. M. Di Biase (Foggia), M.P. Foschino Barbaro (Foggia), G. Tritto (Bari)

GPwSIs: standard of post-graduate training
K. Griffith (York, UK)

GPwSIs: the job description and the outcomes
D. Freeman (Norfolk, UK)

Congresso Nazionale – S E S S I O N E C A R D I O

Chairmen

F. Bovenzi (Lucca), S. Favale (Bari)

Identification of the patient at sudden cardiac death risk and prevention strategies
C. D’Agostino (Bari)

NSTEMI acute coronary syndromes: secondary prevention guidelines in the long-term management
G. Di Pasquale (Bologna)