# How to successfully implement self-management interventions in real life contexts?

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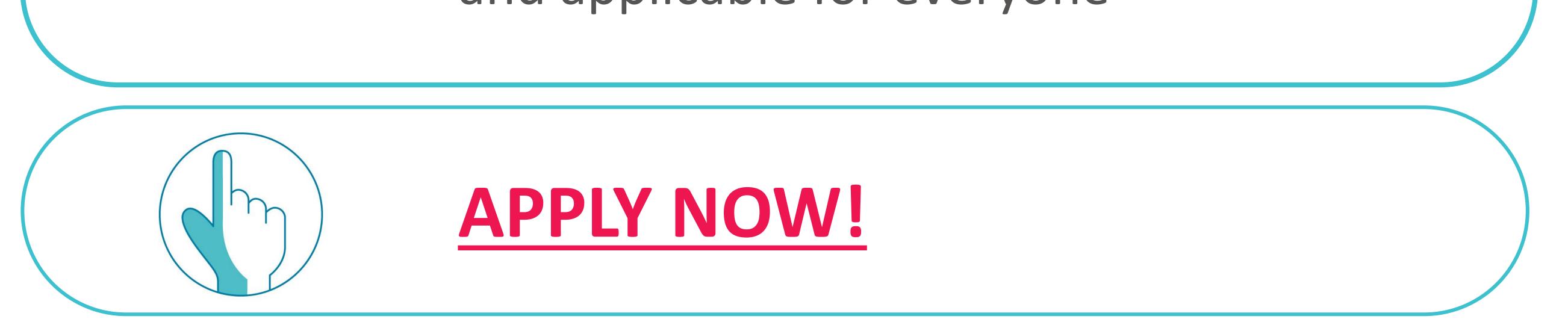
We are looking for patients, health care professionals, researchers, policy makers and implementation experts in the area of diabetes, COPD, heart failure or obesity to take part in an online Delphi exercise.

#### Why this invitation?

The <u>COMPAR-EU project</u> is looking for experts who can help to develop a core set of contextual factors to take into account when implementing promising self-management interventions (SMIs) for diabetes, COPD, heart failure or obesity in real life contexts.

Help us to successfully implement self-management interventions and improve care

Your participation will help us to make promising and save interventions accessible and applicable for everyone



#### See page 2 for more information



### We are looking for:

Healthcare professionals, researchers, policymakers, health insurers and implementations experts with:

Patients with diabetes, obesity, heart failure or COPD (diagnosed by a physician) of 18y or older AND

Experience in the care for diabetes, obesity, heart failure, COPD and/or the development of selfmanagement interventions in this area

#### Family caregivers

### Experience in participating in research is not required

#### **Selection criteria:**

Good understanding of the English language No financial or other potential conflicts of interest



#### What do we expect from you?

Availability to take part in a three round online Delphi survey, during the period May and July 2021.

### What should you expect?

- You will be co-author of the publications that include the results of the Delphi.
- Your participation will be acknowledged in the COMPAR-EU platform.
- Panel members will not be paid.



Apply online HERE, before the



### **How does it go further?**

Once submitted, you will

receive more information about the procedures during the Delphi.

#### 24th May 2021.

### **Any questions?** Please contact compareu\_delphi@nivel.nl

